

ADDICTIONS RESOURCES IN ORILLIA AND AREA

Canadian Mental Health Association – Orillia	
Adult Program (> 24 y/o) <ul style="list-style-type: none"> - Outpatient treatment for those struggling with alcohol or drug use, and - Assessment will determine course of treatment options. - Services: Alcohol and drug abuse program with individual and group counselling, gambling program with individual counselling - Process: Self-referral 	76 Nottawasaga St. Orillia Phone: (705) 325-4499
Youth Program (≤ 24 y/o) <ul style="list-style-type: none"> - Provides early intervention to youth, while assisting in making healthy choices regarding substance use - Services: Individual counselling - Assessment will determine course of treatment options. - Process: Self-referral 	
Community Withdrawal Management Program <ul style="list-style-type: none"> - Outpatient services to individuals seeking support while experiencing mild to moderate withdrawal from alcohol or drugs. Support is also offered to individuals that are completing a physician directed taper from medications. - Assessment will determine treatment options. - Process: Self-referral 	
Opioid Treatment Program <ul style="list-style-type: none"> - Provides counselling and support to anybody concerned about their use of opioids or who is on a Methadone or Suboxone program - Services are also available for parents who are using opioids and have children 6 years of age and under. - Process: Self-referral 	
Umbrellas Treatment Program <ul style="list-style-type: none"> - Community based counselling and support for women who are pregnant, or mothers of children 6 years of age and under who are concerned about their own, or someone else's substance use - Services: Individual & group counselling and fast track admission to designated residential treatment facilities - Process: Self-referral 	76 Nottawasaga St. Orillia Phone: (705) 325-4499 ext. 357
Orillia Soldiers Memorial Hospital – Community Programs	
Community Mental Health Services <ul style="list-style-type: none"> - Services for individuals who need longer term treatment and support that extends beyond an acute illness. - New referrals vetted through an intake system where eligibility & appropriateness for service is determined. - Services: Counselling, pharmacological treatment, dialectical behavior therapy, case management, crisis service, housing program - Process: Physician/community/self-referral 	170 Colborne Street West Orillia Phone: (705) 325-2201 ext. 3122

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Indigenous Addictions Services	
Georgian Bay Native Friendship Centre <ul style="list-style-type: none"> - Intake, assessment, community treatment of alcohol/other drug issues - Programming open to non-indigenous members of the community and those that live outside of Midland - Process: Self-referral 	175 Yonge St. Midland Phone: (705) 526-5589
Chippewas of Rama Addictions Program <ul style="list-style-type: none"> - Groups and individual services for those struggling with any addiction - Process: Self-referral 	6147 Rama Road, Rama Phone: (705) 325-3611 ext. 1423
Enaahdig Healing Lodge & Learning Centre <ul style="list-style-type: none"> - Residential/non-residential traditional healing programs integrated with contemporary skills and practices. - Services: Screening and assessment, care planning, counseling, case management, consultation for families affected by mental health challenges and concurrent disorders - Process: Self-referral 	4184 Vasey Road Victoria Harbour Phone: (705) 534-3724
B'saanibamaadsiwin - Muskoka Parry Sound Community Mental Health Service <ul style="list-style-type: none"> - Culturally relevant and community-specific mental health services to the First Nations communities of Parry Sound and Muskoka. - Services: Assessment and referral, crisis counseling, community development and consultation. - Process: Self-referral 	26 James St. Parry Sound Phone: (705) 746-2512
Inpatient Treatment Programs	
Waypoint Centre for Mental Health Care <ul style="list-style-type: none"> - Inpatient admission and assessment - Acute care and long term care for people with serious mental illness. Including geriatric, dually diagnosed, concurrent disorder, forensic services and long term complex rehabilitation services. - Process: Complete referral form 	500 Church St. Penetanguishene Phone: (705) 549 - 3181 ext. 2308
Orillia Soldiers' Memorial Hospital – Mental Health and Addiction Program <ul style="list-style-type: none"> - In-patient treatment for acutely mentally ill adults. - Pharmacotherapy, group therapy and individualized daily assessments. - Process: Referral by family physician 	170 Colborne St. W Orillia Phone: (705) 325-2201 ext. 6337
Seven South Street Treatment Centre <ul style="list-style-type: none"> - High intensity three-month client directed, abstinence based program for men - Process: Contact agency directly for assessment - Cost: Covered by LHIN via valid OHIP card 	7 South Street, Orillia Phone: (705) 325-3566

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John Howard Society of Ontario	
<p> Youth Mental Health Walk-In Program - Counselling for youth 12-24 y/o who are experiencing mental health challenges, including addictions - Cost: Free (no health card necessary) - Process: No appointment or referral needed </p>	<p> 17 Colborne St. Suite 109, Orillia Phone: (705) 828-5487, (705) 828-5670 Thursdays: 1pm to 7 pm Saturdays: 11am to 2pm </p>